Monday

8:30-4 Pool Tables Open
9-11 SHINE, by appt.
9-4 Computer Room
9-4 Discovery
9:45 Strength Training/Cardio $3
10 Callahan Bowling, Ryan's Family Amusement, Millis, $32
10-11 Sports Fanatics
10-4 Mary Make Do
11 Skip Bo
12 Conversation & Humor
12-4 Duplicate Bridge
12-3 Scabble
12:30 Tai Chi with Jon Woodward $3

8:30-4 Pool Tables Open
8:30-4 Table Tennis
9-4 Computer Room, Closed: SHINE appts. only
9 Pinchile
9-11 Yoga with Cyndi $3
11 Zumba
11-4 Mah Jongg
11:30-3 Acupuncture, by appt., $20
12-4 Duplicate Bridge
12:15-4:15 Discovery Center
12:30 Chair Volleyball
2 Friends: Board Meeting

Tuesday

11 Skip-Bo
10-4 Mary Make Do
10-11:30 Sports Fanatics
12:30 Tai Chi with Jon Woodward $3

8:30-4 Pool Tables Open
8:30-4 Table Tennis
9-4 Computer Room, Closed: SHINE appts. only
9 Pinchile
9-11 Yoga with Cyndi $3
11 Zumba
11-4 Mah Jongg
11:30-3 Acupuncture, by appt., $20
12-4 Duplicate Bridge
12:15-4:15 Discovery Center
12:30 Chair Volleyball
2 Friends: Board Meeting

Wednesday

8:30-4 Pool Tables Open
8:30-4 Table Tennis
9-4 Computer Room, Closed: SHINE appts. only
9 Pinchile
9-11 Yoga with Cyndi $3
11 Zumba
11-4 Mah Jongg
11:30-3 Acupuncture, by appt., $20
12-4 Duplicate Bridge
12:15-4:15 Discovery Center
12:30 Chair Volleyball
2 Friends: Board Meeting

Thursday

8:30-4 Pool Tables Open
8:30-4 Computer Room
9 Computer Room
8:30-4 Table Tennis
8:30-4 Pool Tables Open

Friday

8:30-1 Pool Tables Open
9-1 Computer Room
9-4 Open Sew
9 Poker
9-45 Gentle Pilates Workout $3
10 & 11 SHINE, by appt.
11 Chair Yoga with Rebecca $3
11 Skip Bo
12:15 Chair Volleyball
12:20 Gentle Floor Yoga with Rebecca $3

CENTERS CLOSES AT 1:30

Closed in observance of VETERANS DAY

8:30-4 Pool Tables Open
8:30-4 Table Tennis
9-4 Computer Room, Closed: SHINE appts. only
9-11 Yoga with Cyndi $3
10 Aerobics
11-4 Mah Jongg
12-4 Duplicate Bridge
12:15-4:15 Discovery Center
12:30 Biminis Support Group
1:30 Chair Volleyball
1:30-2:30 From Heartbreak to Wholeness with Author Mal Duane

8:30-4 Pool Tables Open
8:30-4 Table Tennis
9-4 Computer Room, Closed: SHINE appts. only
9-11 Yoga with Cyndi $3
10 Aerobics
11-4 Mah Jongg
12-4 Duplicate Bridge
12:15-4:15 Discovery Center
12:30 Biminis Support Group
1:30 Chair Volleyball
1:30-2:30 From Heartbreak to Wholeness with Author Mal Duane